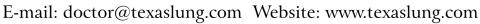
## Texas Lung Associates



3120 Medpark Dr, Suite 150 Denton, TX 76208

Tel: (940) 382-LUNG (5864) Fax: (940) 382-FXFX (3939)





## Authorization to Release Medical Information to Texas Lung Associates Sleep Hygiene Recommendations

> Avoid watching TV, eating or discussing problems in bed.

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